

Corporate Wellness Program

ENGAGEMENT + EDUCATION + ACTION = EMPOWERMENT

Let's start an emotional support revolution
in your organization.

WHY

Productivity losses related to personal and family health problems cost U.S. employers thousands each year.



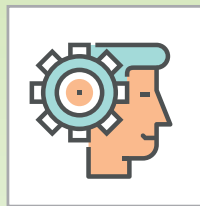
Chronic diseases like cancer are responsible for \$1.1 trillion in lost productivity annually in the U.S. economy.

THE GOOD NEWS?

A focus on wellness can make a difference. The RAND study, a recent 3-year investigation, found that **employees who engaged in wellness activities reported fewer hours of unscheduled absences** — allowing for more time on the job.

WHAT

Cancer Support Community Arizona's Corporate Wellness Program assists families by offering the following:



Education Sessions

How to Be A Good Friend to Someone with Cancer, The Mind-Body Cancer Connection, Cancer 101, and Boosting Your Immune System through Nutrition.



Healthy Mind and Body Activities

Peaceful Meditation, Cooking Demonstrations for Healthy Eating, and Stress Reduction Classes.

Each session is open to anyone invited by your organization: employees, families of employees or even business/building associates.

Cancer Support Community Arizona attends to the whole person with evidenced based tools proven to assist in helping families manage stress and increase knowledge and understanding of healthy life style changes.



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Schedule a strategy session for your organization.

Email or call today!

Debbie DiCarlo, CEO, Cancer Support Community Arizona:

DDICARLO@CSCAZ.ORG OR (602) 712-1006

HOW

Cancer Support Community Arizona (CSCAZ) Sr. Program Director meets with your organization's Liaison(s) to determine what sessions to offer and how often. This is flexible and meant to be a dialogue offering the very best in Supportive Assistance.



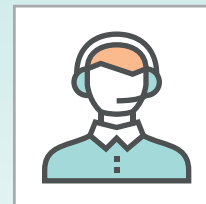
WEEKLY SESSIONS, MONTHLY SESSIONS OR A COMBINATION OF THE TWO.

Additionally, Cancer Support Community Arizona is responsive to Employee/Family's needs. **Programming will be offered as needs arise, in collaboration with the Health Benefits professional.**

COST

Cost per Session: \$500

- Cancer Support Community Arizona brings appropriate supplies and equipment.
- All program participants will have access to *CanSurround*, Cancer Support Community Arizona's 24/7 digital emotional support program for cancer survivors and their loved ones.



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WHERE

Accessible and convenient on-site so that employees can participate in an environment that is conducive to comfort and success.

